Track: 2017-06-21 Torri di Casanova	**IBP = 130 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	16.918 Km
Analyzed distance	16.918 Km
Lineal distance	0.042 Km

Accumulated climb	1123.63 m
Accumulated descent	1055.24 m
Maximum height	2384.69 m
Minimal height	1746.37 m
Climb rate	13.81 %
Descent rate	13.18 %
Positive climb difference per	66.42 m
Negative descent difference per	62.37 m

Total time	7:35:52 h
Time in movement	4:45:48 h
Stopped time	2:50:04 h

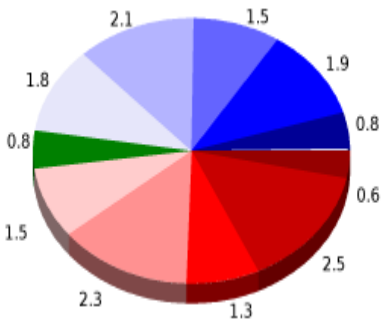
Total speed average	2.23 Km/h
Average speed in movement	3.55 Km/h
Maximum held speed	5.7 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3713 (cad. 4.56 m)
Significant points	516 (cad. 32.85 m / 13.9 %)
Aberrant points	782 (21.06 % d. total)

Direction changes per	16.85
Direction changes >5° per	12.94
Accumulated straight stretches	2.42 Km
Straight stretches per	143.04 m
Penalizables slope changes	10
Penalizables slope changes per	0.591

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Summary of slopes



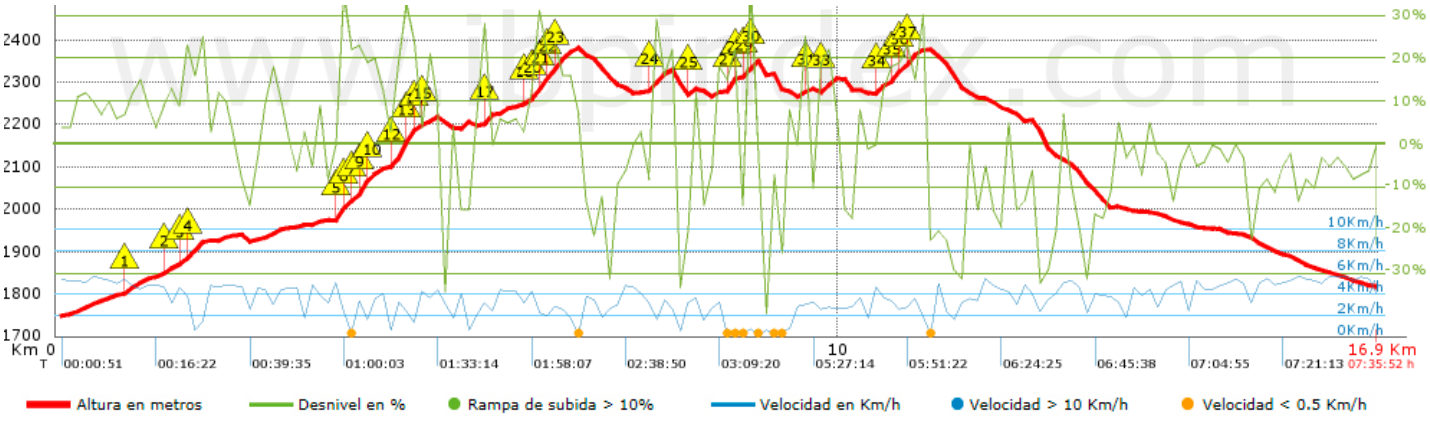
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.585	3.46	2.59	0:13:34
	Between 15 and 30%	2.511	14.84	2.58	0:58:24
	Between 10 and 15%	1.254	7.41	4.06	0:18:31
	Between 5 and 10%	2.334	13.79	4.05	0:34:37
	Between 1 and 5%	1.452	8.58	4.2	0:20:44
	Total :	8.136	48.09	3.35	2:25:50
	Plain				
	Difference of 1%	0.773	4.57	3.96	0:11:43
	Breakdown descents				
	Between 1 and 5%	1.758	10.39	4.33	0:24:21
	Between 5 and 10%	2.112	12.48	4.5	0:28:09
	Between 10 and 15%	1.451	8.57	3.79	0:22:59
	Between 15 and 30%	1.9	11.23	3.39	0:33:36
	Between 30% and 55%	0.789	4.67	2.47	0:19:10
	Total :	8.009	47.34	3.75	2:08:15
	Total track :	16.918	100 %	3.55	4:45:48

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Track: 2017-06-21 Torri di Casanova **Date: 21/06/2017**

Track: 2017-06-21 Torri di Casanova	**IBP = 130 HKG**
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IBP index reliability= B	





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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.885	11 %	193 m
2	1.374	11 %	137 m
3	1.604	11 %	36 m
4	1.641	18 %	164 m
5	3.575	30 %	92 m
6	3.667	17 %	61 m
7	3.728	18 %	96 m
8	3.824	23 %	93 m
9	3.917	23 %	91 m
10	4.009	12 %	250 m
11	4.259	20 %	33 m
12	4.292	29 %	220 m
13	4.512	25 %	66 m
14	4.578	22 %	31 m
15	4.713	16 %	124 m
16	5.421	25 %	96 m
17	5.517	24 %	30 m
18	5.989	13 %	65 m
19	6.054	11 %	59 m
20	6.113	22 %	31 m
21	6.144	29 %	122 m
22	6.266	23 %	152 m
23	6.418	17 %	161 m
24	7.617	25 %	124 m
25	8.083	15 %	94 m
26	8.566	28 %	30 m

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27	8.595	35 %	60 m
28	8.655	15 %	30 m
29	8.807	38 %	91 m
30	8.898	19 %	35 m
31	9.527	20 %	93 m
32	9.747	13 %	65 m
33	9.812	22 %	90 m
34	10.481	12 %	167 m
35	10.648	26 %	92 m
36	10.739	15 %	94 m
37	10.833	27 %	94 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	6025.655	35.62	1:53:56	3.17	2:32:51	4:26:47	1.36
2000	4006.842	23.68	1:15:57	3.17	0:11:31	1:27:28	2.75
1750	6769.835	40.02	1:34:36	4.29	0:05:42	1:40:18	4.05
1500	115.874	0.68	0:01:19	5.28		0:01:19	5.28
Total :	16.918 Km	100 %	4:45:48 h	3.55 Km/h	2:50:04 h	7:35:52 h	2.23 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.675	0:02:49	1884	0:22:05	0:22:05	1.675
1.745	0:02:53	1898	0:26:03	0:03:58 < 10´	0.07
3.667	0:05:09	2002	1:00:03	0:34:00	1.922
4.228	0:02:54	2099	1:15:43	0:15:40	0.561
5.23	0:03:28	2211	1:40:18	0:24:35	1.002
6.643	0:11:00 > 10´	2379	2:13:54	0:33:36	1.413
7.863	0:03:33	2329	2:50:28	0:36:34	1.22
7.926	0:03:49	2307	2:54:53	0:04:25 < 10´	0.063
8.502	0:14:53 > 10´	2273	3:09:57	0:15:04	0.576
8.566	0:45:41 > 10´	2278	3:26:37	0:16:40	0.064
8.838	0:02:27	2319	4:13:10	0:46:33	0.272
8.898	0:16:51 > 10´	2344	4:16:48	0:03:38 < 10´	0.06
8.995	0:03:07	2342	4:34:28	0:17:40	0.097
9.095	0:29:32 > 10´	2311	4:41:30	0:07:02 < 10´	0.101
9.304	0:10:28 > 10´	2276	5:11:31	0:30:01	0.209
11.098	0:11:30 > 10´	2382	5:57:30	0:45:59	1.794
Total :	2:50:04 h				

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